What's Happening

University of California San Francisco

NOVEMBER/ DECEMBER 1983

FILMS

COLE HALL CINEMA

All films are shown in Cole Hall, Medical Sciences building, 513 Parnassus Ave. Children under 14 $1.25; UCSF students & Millberry Union members $1.75; general $2.25. For further information call 666-2019.

Thurs., Nov. 10: **Bay Area Filmmakers Showcase.** A presentation of Asian films. 5:45 & 8 p.m.

Fri., Nov. 11: **Xica.** 6:30 & 8:30 p.m.

Thurs., Nov. 17: **Gandhi.** 5:45 p.m.

Fri., Nov. 18: **Gandhi.** 8 p.m.

Fri., Dec. 2: **Peter Pan.** 6:30 & 8 p.m.

Sat., Dec. 3: **Peter Pan.** 11 a.m.

COMMUNITY HEALTH EDUCATION PROGRAMS

All lectures are free and geared to senior citizens. Topics are subject to change. For a complete listing of topics and exact times and dates call 666-3206.

November

Wed., Nov. 9: **How to Talk to Your Doctor.** Haight Ashbury Senior Center, 1350 Waller St. 12:15-1 p.m.

Fri., Nov. 18: **Aging & the Nursing Home.** Seventh Avenue Presbyterian Church Senior Center, 1329 Seventh Ave. 1-1:45 p.m.

Cancer. Haight Ashbury Senior Center, 1350 Waller St.

Shingles. Adath Israel Kosher Nutrition Project, 1851 Noriega St.

Skin Care. Diamond Senior Center, 117 Diamond St.

December

Fri., Dec. 9: Cardiac Health Care. Seventh Avenue Presbyterian Church Senior Center, 1329 Seventh Ave. 1-1:45 p.m.

Health Myths. Haight Ashbury Senior Center, 1350 Waller St.

Memory Training for Seniors. Adath Israel Kosher Nutrition Project, 1815 Noriega St.

Coping with Holiday Stress. Diamond Senior Center, 117 Diamond St.

How to Handle the Holiday Stress. St. Philips Senior Center, 725 Diamond St.

TOURS

CAMPUS TOURS

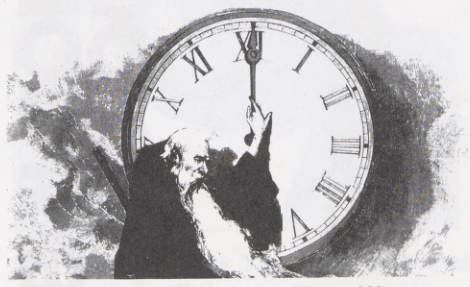
All tours are free and take place at 1 p.m. on Tuesdays, November 1, 8, 15, 22, 29 and December 6, 13, 20 and 27. Meet in the Medical Sciences lobby, 513 Parnassus Ave. For further information call 666-4394.

BROWN BAG TOURS / LECTURE SERIES

All lectures are free and held on Wednesdays at noon in Room 303 Health Sciences West (enter through Medical Sciences lobby, 513 Parnassus Ave.). Tapes of all talks are available for listening in the UCSF Library, SIMA Unit, Room 345 Health Sciences East. For further information call 666-4394.

Nov. 2: **Causes of Allergies.**

Nov. 9: **Winter Sports Safety.**



Nov. 16: **Get Rid of the Time Wasters.**

Nov. 23: **Drugs in the Elderly: Friend or Nemesis.**

Nov. 30: **Occupational Health from Home to Highrise.**

Dec. 7: **Are There Limits to Man's Long-Term Existence in Outer Space?**

Dec. 14: **Holiday Madness.**

SPECIAL EVENTS / DATES

Thurs. & Fri., Nov. 3 & 4: **AIDS: A Multidisciplinary Enigma.** UCSF physicians will present current clinical & research information on acquired immune deficiency syndrome (AIDS) at this conference for health care providers. Hotel Meridien, SF. 8 a.m.-5 p.m. For program information call 666-5208; registration information 666-5808.

Fri., Nov. 4: **The Klezmorim.** A performance of exciting klezmer music. UCSF students & Millberry Union members, $4.50; general, $5.50. Millberry Union Gym, 500 Parnassus Ave. 8 p.m.

Tues. & Wed., Nov. 8 & 9: **Occupational Health Conference.** Pre-employment testing, genetic screening and medical monitoring will be discussed. Hyatt Regency Hotel, Oakland. Sponsored by the Labor Occupational Health Program, a component of the Northern California Occupational Health Center & the Institute of Industrial Relations, UC-Berkeley. To register call 642-5507.

Wed., Nov. 9: **Rutkowski & Nelson.** A cello & piano duo. UCSF students & Millberry Union members, $2; general, $2.50. Millberry Union lounges, 500 Parnassus Ave. Reception 5 p.m.; concert 5:45 p.m.

Sun., Nov. 13: **The Chinese Opera.** Sponsored by the Lee Foundation of San Francisco. To benefit the UCSF Cancer Research Institute. Palace of Fine Arts. 2 p.m. For ticket information call 929-1417.

Wed., Nov. 16: **Plastic Surgery from Skin Grafts to Face Lifts.** A Community Health Education Lecture on the subject of plastic surgery and its use in the management of congenital anomalies. Toland Hall, 533 Parnassus Ave. 7:30 p.m. Free. (See news item for details.)

Wed., Dec. 7: **Coping with Stressful Life Experiences.** A Community Health Education Lecture on how individuals adjust to all kinds of stress, from minor everyday hassles to serious life events. Toland Hall, 533 Parnassus Ave. 7:30 p.m. Free. (See news item for details.)

Wed. & Thurs., Dec. 14 & 15: **Millberry Union Holiday Crafts Fair.** Local artists to display holiday gift items, baked goods and much more. Wed., 10 a.m.-4 p.m., Thurs., 10 a.m.-6 p.m. Live entertainment both days, noon-1 p.m. Millberry Union lounges, 500 Parnassus Ave.

FOLK DANCING

Learn folk dancing from various parts of the world. No partner needed and everyone is welcome to attend. Held every Tuesday in the Millberry Union Gym, 500 Parnassus Ave. 1-2:15 p.m. Special instructions for beginners 1-1:30 p.m.

OUTDOORS UNLIMITED/ WILDERNESS EXCHANGE

Outdoors Unlimited is located at 24 Kirkham St. Sign up for activities on weekdays from 11:30 a.m. to 1:30 p.m., and 5 to 7 p.m., Monday and Friday; 4-6 p.m., Tuesday to Thursday. Two-week advance registration is required for most events. For further information call 666-2078.

Sat., Nov. 19: **Day Hike to Mount Tamalpais; Big Boat Sailing on a 55-foot yacht.**

Sat., Nov. 26: **Day Hike to Marin Watershed.**

Tues., Nov. 29: **Introduction to Cross Country Skiing.** Millberry Union Madrone Room. 7:30-10 p.m.

Tues. & Thurs., Nov. 29 & Dec. 1: **Mushroom Clinic.**

Sun., Dec. 4: **Sailing.**

Tues., Dec. 6: **Outdoors Unlimited's Winter Get-Together.** Millberry Union Lounge. 7:30-9 p.m.

Sat. & Sun., Dec. 10 & 11: **Whitewater Boating. Beginner Cross Country Skiing,** South Lake Tahoe.

Sat., Dec. 17: **Big Boat Sailing on a 50-foot yacht.**

Sat. & Sun., Dec. 17 & 18: **Whitewater Boating,** Eel River; **Downhill Skiing,** South Lake Tahoe.

Fri.-Mon., Dec. 23-26: **Cross Country Christmas Ski Trip,** South Lake Tahoe.

Fri.-Sun., Dec. 30-Jan. 1: **New Year's Cross Country Ski Trip,** South Lake Tahoe or Mount Lassen.

MASSAGE SERVICE

Millberry Union offers a mid-day massage from 12 to 2 p.m. on Wednesdays & Fridays, in addition to the regular schedule—weekdays 3 to 8 p.m. & Saturdays 12 to 5 p.m. Fees are:UCSF students and Millberry Union members $9 half hour, $17 hour; general $13 half hour, $20 hour. For further information call 666-1115 or visit the pool desk in Millberry Union, 500 Parnassus Ave.

FREE NOON EVENTS

Tues., Nov. 1: **To Climb a Mountain.** Winner in 1983 SF International Film Festival. HSW 303 (enter through Medical Sciences Lobby, 513 Parnassus Ave.).

Tues., Nov. 1: Rape Prevention Education Program: **Acquaintance Rape.** HSW 301.

Tues., Nov. 8: Rape Prevention Education Program: **Marital Rape.** HSW 301.

Tues., Nov. 15: **The Vatican Collections: The Papacy & Art.** A slide/ lecture presentation. HSW 303.

Tues., Nov. 15: Rape Prevention Education Program: **S & M: Playing with Power.** HSW 301.

Tues., Nov. 22: Rape Prevention Education Program: **Human Sexuality: The Importance of Mutual Pleasure.** HSW 301.

SELF DEFENSE WORKSHOPS

Class size is limited & pre-registration is required. Fees must be received prior to the class or the space will be reassigned. Fees will be refunded if cancellation takes place one week prior to the class starting date. For further information & pre-registration call 666-5683.

Sat., Dec. 3: **Co-ed Self-Defense Workshop.** $5 campus community; $25 general. 9 a.m.-5 p.m.

Thurs., Dec. 8: **Tear Gas Class.** Discussion & demonstration of tear gas use. $10. 5-8 p.m.

UCSF
University of California, San Francisco
... A Health Sciences Campus

TO OUR NEIGHBORS

November & December, 1983, Vol. VIII, No. 6

New Service Helps Children with Cancer

A new outpatient service has taken a giant step in eliminating two of the biggest problems for children with cancer—pain and separation from parents.

Designed for pediatric patients who do not require hospitalization, but who must undergo frequent, painful therapeutic treatment or diagnostic procedures, the service uses special anesthesiology techniques so the patient is anesthetized for less than 15 minutes. Parents are present during the procedure and younger children have the benefit of waking up from the anesthesia in the lap of a parent. In addition, the new service is highly cost-effective—about one-fourth the usual cost of using a hospital operating room.

The outpatient service is a collaborative effort of the Hospitals and Clinics, Department of Anesthesiology, Division of Pediatric Oncology and the Division of Ocular Oncology.

Grant to Study Human Nutrition

UCSF has received a $210,000 grant from the Koret Foundation to establish offices and clinical laboratories at San Francisco General Hospital for the study of human nutrition. The facility, which will be called the Koret Center for Human Nutrition, is part of the SFGH-based Bay Area Human Nutrition Center. Both are directed by UCSF pediatrician and obstetrician Norman Kretchmer, MD, PhD, who also is professor and chair of the Department of Nutritional Sciences at UC-Berkeley.

Bay Area Nutrition Center projects include a program to assess the nutritional status of immigrant school children and develop culture-specific nutrition education programs for schools. Other studies concentrate on nutrition and diabetes, dietary requirements during pregnancy and their effect on fetal growth and gastrointestinal disorders in children.

The new Koret Center is located on the first floor of Building 40 at SFGH. Construction will be completed by spring 1984.

Two UCSF Physicians Host Radio Shows

David Watts, MD, is the host of a new weekly, hour-long radio program aired Mondays at noon on KQED-FM 88.5 called "House Calls." It features studio discussions between Watts and people who are making news in health care. Listeners have the opportunity to call 863-2476 to talk directly with the individuals.

Peter Eisenberg, MD, is the new host of "KCBS Health Magazine," a two-hour show on KCBS AM 740, aired every Sunday from 5 to 7 p.m.

Both radio shows examine the major trends and developments in health care and feature UCSF faculty and other physicians in the various disciplines.

Free Health Programs

How face lifts are performed is the subject of one of the free Community Health Education lectures to be held this fall. Sponsored by the Office of Public Service Programs and the Committee for Arts and Lectures, the talks will be held on Wednesday evenings in Toland Hall, 533 Parnassus Avenue, from 7:30 to 9 p.m.:

- Nov. 16: "Plastic Surgery: From Skin Grafts to Face Lifts." Luis O. Vasconez, MD, chief of Plastic Surgery, will review the development of plastic surgery and the management of congenital anomalies.
- Dec. 7: "Coping with Stressful Life Experiences." Charles R. Marmar, MD, director of Langley Porter's Center for the Study of Neuroses, will discuss how individuals adjust to all kinds of stress, from minor everyday hassles to serious life events.

Free parking for the lectures is available in the Millberry Union Garage, 500 Parnassus Avenue, and refreshments will be served. For further information call 666-3206.

Grant to Reproductive Genetics Unit

A $150,000 grant has been awarded to the UCSF Department of Obstetrics / Gynecology and Reproductive Sciences from the Fred Gellert Foundation to assist in the renovation and construction of new facilities for the Reproductive Genetics Unit (RGU). The grant is the first major commitment to the unit from private sources.

The RGU is internationally recognized for its pioneering work in fetal surgery and in prenatal diagnostic services. The UCSF program is a leader in the development of sonography, fetoscopy and new techniques in amniocentesis. UCSF has performed more amniocenteses than any other facility in the country, having served approximately 10,000 families since its inception in 1971.

The new facility is needed to consolidate the unit, which is currently operating from five different locations on campus, and to create more space for expanded research, according to Mitchell Golbus, MD, director of the unit. Currently the unit serves as the regional center for the western US in testing for sickle cell anemia *in utero*.

Need a Library Card?

The UCSF Library now offers "borrowers fee cards" for visitors to the campus who are California residents. The card, costing $50 per year, enables the individual to borrow any of the Library's circulating materials. For further information call 666-2334.

Puppet Contest

The Puppet Therapy Program is sponsoring a hand puppet design competition with the assistance of the Louis B. Mayer Foundation. A $500 cash award will be presented to the first-place winner, with $250 for second and $125 for third. The deadline for submitting entries is Tuesday, November 22.

The puppets will become part of UCSF's program, in which trained puppeteers use hand puppets and miniature hospital equipment to familiarize pediatric patients with hospital procedures.

Puppets submitted to the design competition should be made of durable, non-toxic, preferably soft materials and should appeal to children. The cost of materials per puppet should not exceed $25.

For complete information on competition rules and entry procedures, contact Pat Stich, co-director of the Puppet Therapy Program, at 666-2538.

UCSF Energy Award

Pacific Gas and Electric officials presented the PG&E Energy Conservation Award to UCSF, which has reduced its total energy consumption by 30 percent in the last 10 years. Of PG&E's large commercial customers, only 10 percent received the award.

Mushroom Hunters Beware!!!

Several cases of wild mushroom poisoning have been reported to the SF Bay Area Regional Poison Control Center. Every fall deadly species that can be confused with edible mushrooms flourish throughout Northern California. The Center suggests that if you want to gather wild mushrooms, go with an expert; when in doubt, don't pick them. For information on poisoning symptoms call the Control Center at 666-2845.

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University of California San Francisco
News and Public Information Services
532 Parnassus Avenue, San Francisco, CA 94143

RUSH—TIME DATED
NOVEMBER—DECEMBER, 1983

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